



CITY A.M.

BUSINESS WITH PERSONALITY

OBAMA COMPARES OIL SPILL TO 9/11 ATTACKS

BP TOLD TO STUMP UP \$20BN P3

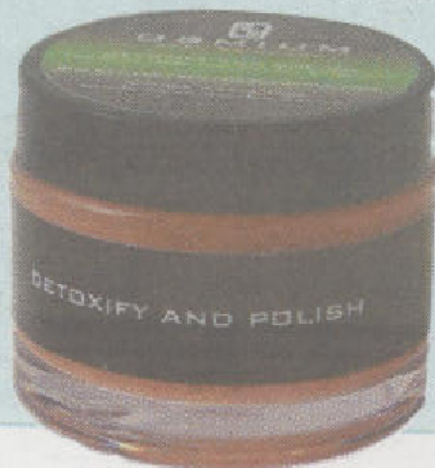
Issue 1,155 Tuesday 15 June 2010 www.cityam.com

TREATMENT REVIEW | MEN'S FACIAL AT THE SPA AT 51

Osmium for Men is a plucky British company dealing in high-end skincare products and treatments, which you'll find at the spa at the 51 Buckingham Gate hotel complex near Victoria. It's a bijou place with three smart treatment rooms plus a gym, sauna, steam room and relaxation area in the basement.

I visited to try out Osmium's drastic sounding **Advanced Collagen Facial**. It was actually rather splendid.

Talented therapist Xanthi first applied some aromatic cleanser before massaging my face, shoulders and arms. Next she spread on Osmium's Detoxify and Polish cream, a product that mixes clay mask with walnut exfoliant, and which felt



warm and luxurious. While that set Xanthi used reflexology and a peppermint gel to massage my feet, and all but sent me into a trance.

After washing away the mask and scrub, it was on with a cool hydrating alo gel mask and collagen patches to smooth my eye bags.

Leaving mask and patches in place I got a scalp massage, including ear reflexology that was blissful. Next, Xanthi massaged collagen

serum into my face to hydrate and freshen it. A bit of moisturiser and a shoulder massage (with more of that peppermint gel) later, and I was little more than gel myself. A perfect treatment – as well as relaxing me deeply, my skin was left smoother, softer and less blemished than it had been in aeons.

TB

£75, www.51-buckinghamgate.com